

PAEDS 720

Youth Health Theory, Application and Leadership

15 Points

Semester 2, 2014

Course Prescription

This is an advanced youth health course for persons interested in youth health leadership in clinical, academic or policy areas. The course will build on prior skills and knowledge in clinical youth health, population youth health or academic experience. Most students will be working in youth health roles and/or have completed other youth health courses (Paeds 712, 719 and/or Poplhth732).

Goals of the Course

The aims of this course are to develop advanced understandings of youth health and well-being and to enhance youth health leadership skills.

Learning Outcomes

- To have an advanced understanding of the theory of youth health and development
- To understand components of effective youth health programs and evidence informed practice
- To develop leadership skills in youth health
- To enhance skills in youth participation
- To identify opportunities for improving youth health or wellbeing in an area of practice (clinical, policy or academic)
- To understand the contextual constraints and opportunities around making change in youth health.

Content Outline

- Day 1:** Theory and evidence: Introduction and outline of course. Youth Development: theoretical basis. Effective Youth Health programmes. Programme logic and logic models.
- Day 2:** Examples and discussions with youth leaders in New Zealand. Developing and evaluating Youth Health programmes. Vision and innovation in youth health
- Day 3:** Leadership: Wairua & Spirituality; working across Maori and tauwi systems in youth health. Youth participation.
- Day 4:** Presentations from students. Workshop on funding, team dynamics, policy or advocacy (based on student interests). Wrap-up and feedback

Learning and Teaching

This course is delivered in 4 one day block teaching sessions. Varied teaching styles will be used and there will be opportunities to learn from a range of New Zealand youth health leaders. To get the best out of the course you are encouraged to view classes as an opportunity to question, debate, and analyse the material covered in the readings and/or presented in classes. This means that it is essential to attend these sessions well prepared, having read the required readings previously.

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Teaching Staff

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Programme Administrator

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Campus Teaching Dates in 2014

This course is held at Tāmaki Campus on **Mondays 9am-5pm July 28, August 18, September 22, October 13.**
Please see your timetable on SSO or Building 730 Reception noticeboard on the day for the room details.

Learning Resources

The course book contains most of the required readings. However, additional articles may be added during the course. Students will be able to insert these additional readings in the relevant section in their folders. Copies of the lecturer's notes will also be available at the beginning of each session.

Assessment

100% coursework

Coursework will provide opportunities to visit youth health services; to develop a robust logic model for a youth health innovation and to develop a youth health project proposal or plan.

Programme and Course Advice

This is a postgraduate public health course that is suitable for students who work with, or intend to work with, young people in health, education and social service settings. The course may be taken as part of a wide range of postgraduate programmes including youth health, nursing, mental health, drug and alcohol, medical science and health sciences. Recommended background papers are PAEDS 712 PAEDS 719 and POPLHLTH 732.