

# PAEDS 719

## Health, Education and Youth Development

15 Points

Semester 2, 2014

### Course Prescription

Examines the overlap of health and education in the context of youth development. It reviews the 'business' of schools, the Health and Physical Education curriculum, school-based health and support services, whole school approaches to health, and the health and education needs of students not engaged with the school system.

### Goals of the Course

Given that the education system has such a significant impact on the lives and wellbeing of young people, understanding the overlap of health and education in the broader context of youth development is important for anyone working with young people in the area of youth health. This course aims to enable those working with young people, particularly in a school setting, to better understand this interface of health and education.

### Learning Outcomes

At the completion of the course, the student will be able to:

- Create a proposal to make a positive change to a secondary school environment that reflects an understanding of the interdependence of the health and education sectors in healthy youth development.
- Use knowledge and understanding of the New Zealand Health and Physical Education Curriculum and school structures to advocate for change within a school.
- Apply the critical success factors for school-based health and pastoral care services to evaluate models operating in New Zealand secondary schools and elsewhere.
- Apply an understanding of the health and education needs of Māori and Pacific students to evaluate current health and education models.
- Apply an understanding of the health and education needs of young people who are not engaged in the education system to evaluate current health and education interventions designed to assist them.
- Create a team-based learning environment that is productive and fun to be part of.

### Content Outline

**Day 1:** Youth development and resilience in a school setting; the importance of understanding school structures

**Day 2:** Student wellbeing and the role of the school climate; health promotion and health education

**Day 3:** School-based health and social support services

**Day 4:** Meeting the health and education needs of all students

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## Learning and Teaching

PAEDS 719 is delivered in 4 one-day block teaching sessions. These will involve different modes of teaching including lectures, a variety of group activities working in permanent small 'teams', and panel discussions. To complete the course requirements and assessment students will be expected to work together during the one-day sessions to question, debate, and analyse the material covered in the readings and/or presented in classes. This means that it will be essential to attend all four sessions and to come well prepared having read the required readings previously.

## Teaching Staff

Sue Grant, Lecturer, Department of Paediatrics  
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## Programme Administrator

Ms Upendra Wickramarachchi, Level 2, School of Population Health, u.wicks@auckland.ac.nz

## Campus Teaching Dates in 2014

This course is held at Tāmaki Campus on **Fridays 9am-5pm August 1, August 22, September 26, October 17.**

Please see your timetable on SSO or Building 730 Reception noticeboard on the day for the room details.

## Learning Resources

This is a multidisciplinary course covering a broad range of topics. There is no prescribed text. Students will be expected to use the library and/or internet to access recommended readings and other course materials.

## Assessment

100% coursework: There are two modes of assessment (i.e. individual and team)

- 1) Individual assessment includes: Essay (15%), Submission (20%) 4 individual multi-choice tests (20%).
- 2) Team assessment includes: Team Presentation (25%), 4 multi-choice team tests (20%). The purpose of the assessment is to provide students with the opportunity to process and apply the knowledge they acquire during the course through individual study and the application of strong interactive skills.

## Programme and Course Advice

This is a postgraduate course that is suitable for professionals working with young people in health, education and social service settings.

The course may be taken as part of a wide range of postgraduate programmes including youth health, for which this is a core course, nursing, counselling, mental health, drug and alcohol, medical science and health sciences.

However students taking programmes other than the Postgraduate Certificate or Diploma in Health Sciences in Youth Health will need to apply for a concession if they wish to enrol in this course.