

PAEDS 712

Youth Health Clinical Skills

15 Points
Semester 1, 2014

Course Prescription

Develops and extends knowledge and skills in interviewing, comprehensive assessments and effective interventions with young people.

Goals of the Course

This is an applied clinical course, which aims to extend and consolidate professionals' knowledge and skills in working effectively with young people in clinical settings.

Learning Outcomes

At the completion of the course, the student will be able to:

- Understand and discuss contemporary adolescent development and adolescent health issues
- Understand and apply principles of engaging and communicating with young people
- Demonstrate the ability to undertake a HEADSS (psychosocial youth health) assessment
- Have an overview of treatment and intervention models that are effective in working in a range of important areas of youth health.

Content Outline

Day 1: Introduction to the course; Youth health status in New Zealand; An update on adolescent development; Risk and resiliency - a framework for assessment and intervention.

Day 2: Confidentiality; communication skills; HEADSS Assessment; core skills in interventions

Day 3: Working with Rangitahi; An overview of core clinical skills in youth sexual health;

Day 4: An overview of core clinical skills in youth mental health; Youth with a chronic illness or disability; Compliance and behaviour change

Learning and Teaching

PAEDS 712 is delivered in 4 one day block teaching sessions at the School of Population Health, Tamaki Campus. These will involve different modes of teaching including didactic, small group, interactive workshop and role plays using adolescent actors.

Teaching Staff

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Programme Administrator

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Campus Teaching Dates in 2014

This course is held at Tāmaki Campus on **Fridays 9am-5pm March 14, April 4, May 9, May 30.**

Please see your timetable on SSO or Building 730 Reception noticeboard on the day for the room details.

Learning Resources

This is a multidisciplinary course covering a broad range of topics. There is no prescribed text but substantial readings will be provided in course material.

Assessment

100% coursework: Students are required to complete two assignments (assignment One worth 35% & assignment two worth 30%) and one scenario based take home test (35%).

Programme and Course Advice

This is a postgraduate applied clinical course that is suitable for Professionals working with young people in health, education and social service settings.

The course may be taken as part of a wide range of postgraduate programmes including youth health, nursing, mental health, drug and alcohol, medical science and health sciences.