

Condoms

General Comments

The Contraception, Sterilisation & Abortion Act 1977 (amended 1990) states that all young people (including those under the age of 16 years) are entitled to access information and contraception from health professionals without consent from parents or guardians. Condoms are a contraceptive device.

**Effectiveness of condoms ministry of health

**Info on provision of condoms NOT increasing sexual activity in young people.

Rationale

To support young people by promoting a lifelong responsibility among individuals for their reproductive, health and well-being, this will enable our young people to become healthy adults who have reached their full potential within the education system.

The correct use of condoms reduces the risk of acquiring and transmitting sexually transmitted infections and reduces the rate of unplanned pregnancies.

By providing condoms and education on how to use correctly in a confidential setting by a Registered Nurse on site, at school, access and availability will be improved for the student.

Actions

Assessment:

Assess the need of the student for condoms and condom education

Is the client sexually active, considering a sexual relationship, or requesting condoms and/or information?

Discuss and demonstrate the steps of using condoms effectively using a condom demonstrator.

Key points include:

- Check expiry date on the condom packet
- Put condom on, as soon as penis is erect, before the penis touches any part of the body
- Squeeze tip of the condom and roll down to the base of the penis
- Apply water-based lubricant to condom
- After ejaculation withdraw penis before it goes soft
- Remember in your discussion:
 - Pre ejaculate may contain sperm and/or infection
 - Following removal of condom it is important to avoid contact with sexual fluids as they may contain infection or semen

Referral

If you are unable to provide condoms refer to appropriate agency, and assist the client to make an appointment.

Follow Up

Reinforce use of condoms in conjunction with hormonal contraception where appropriate (equipment and referral)

Answer any questions

Resources

Condoms (on MPSO)

Condom pamphlet form FPA handout – to download <http://www.familyplanning.org.nz/>

Flipchart for assessment questions and referral agencies